What’s on in the Day Centre

As well as offering the full time residents a 3 course lunch 5 days a week, the day centre runs an action packed schedule of events every Wednesday for the active retired within the Malin Parish, of which the residents are welcome to take part. Below is a taster of what’s on offer at the *‘Active Retired Social Centre’*:

*‘Tea is served on arrival, afterwards there is time for some arts and crafts. Lunch is served at 1.00pm at a cost of €5.00. There is bingo, music, singing and dancing after lunch. Afternoon tea is served before everyone heads for home.’*

If you are interested please contact: Catherine (087)9569127 or Eleanor (086)8370154

The Irish Wheelchair Association also currently avail of the facilities to host ‘day services’ 3 times a week for people aged less than 65 with a physical disability.

Offering the following:

‘*In the day centre you may avail of the following:*

* *Highly trained staff to assist where required*
* *Services of a hairdresser*
* *Services of a reflexologist*
* *Card games, quizzes, boccia and curling.*
* *Outings*
* *Nutritious lunch served daily*
* *Information on parking discs, home support services, entitlements, school of motoring, and respite.*

*We have transport available and depending on your location and day required we may be able to offer you a place. Alternatively you may come in your own transport. This is a safe environment where you can get to know people with similar challenges to yourself. The day is enjoyable and there is always a laugh to be enjoyed.*

*For information and Application Forms:*

*Contact Mary Mc Grenra, Services Co-ordinator at (074)9157393.*

At other times the entrance foyer and lounge provides a nice area to relax and meet with others or simply enjoy the view, the oratory provides a place for prayer and reflection.

A member of staff is on hand 4 days a week to offer help and answer any queries residents may have.